

All meals are prepared fresh on the day using local fresh products wherever possible; therefore, menus are subject to change depending upon availability. On offer every day will be homemade bread, our salad bar and fresh fruit.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Sausage Roll & Creamy Mashed Potato (D & G)	Homemade Pepperoni or Ham Pizza with diced potatoes (D & G)	Homemade Mac & Cheese with Ham with Garlic Bread (D & G)	Breaded Chicken Fillet & Lattice Chips (G)	Battered Fish Fillet with Fries (G & F)
Meat Free Meal	Vegan Sausage Roll & Creamy Mashed Potato (D)	Homemade Cheese Pizza with diced potatoes (D & G)	Homemade Mac & Cheese with Garlic Bread (D & G)	Quorn Fillet & Lattice Chips (G)	Quorn Sausage with Fries
Alternative Option	Jacket Potato with choice of filling or Sandwich of the Day with veg sticks	Jacket Potato with choice of filling or Sandwich of the Day with veg sticks	Jacket Potato with choice of filling or Sandwich of the Day with veg sticks	Jacket Potato with choice of filling or Sandwich of the Day with veg sticks	Cheese & Tomato Pasta Bake with Homemade Garlic Bread (D & G)
Vegetables	Vegetable of the Day or Salad Bar	Vegetable of the Day or Salad Bar	Vegetable of the Day or Salad Bar	Vegetable of the Day or Salad Bar	Vegetable of the Day or Salad Bar
Dessert	Homemade Chocolate Muffin or Homemade Cookies (D, E & G)	Homemade Iced Buns or Homemade Biscuits (E & G)	Vanilla Sponge or Fruit Flavoured Jelly (D & G)	Cupcake or Ice-Cream Cookie Sandwich (D, E & G)	Homemade Rice Crispy Cake or Yoghurt or Cheese & Crackers (D, E & G)

Allergens

Please ensure the school is aware of any allergens. Please contact school for alternative allergen options.

No nuts are present in any of our meals or in the preparation area, however some meals contain the following:

Milk (D)	Egg (E)	Gluten (G)	Celery (C)	Fish (F)	Mustard (M)	Soybean (S)
						